

History Workbook

White Belt — self, family and the world, plus drills

RiddleRaven

earn your shinies

book 01, 33 facts + 9 drills

For the parents

This book starts history where a young kid actually stands: self, family, neighborhood, then outward to the wider world. The facts match the app exactly.

Part 1 is the facts as multiple choice. Read them out loud together and let the wrong answers start conversations.

Part 2 is drill questions from the question bank, freshly picked for every book.

The answer key explains each answer in plain language. The explanations are the real lesson, so read them together.

Contents

Part 1 — The facts 3

Part 2 — Drills 8

Answer key 10

Part 1 — The facts

1. A piece of cloth with special colors and shapes that stands for a country is a...
 - A) flag
 - B) pillow
 - C) towel
 - D) tent
2. Who brings letters and packages to your home?
 - A) A mail carrier
 - B) A dentist
 - C) A pilot
 - D) A librarian
3. Which of these is a good school rule?
 - A) Run fast in the hallway
 - B) Raise your hand before you speak
 - C) Take other kids' things
 - D) Never listen to anyone
4. A community helper who puts out fires and keeps us safe is a...
 - A) firefighter
 - B) painter
 - C) singer
 - D) pilot
5. Long ago, before there were cars, how did many people travel far from home?
 - A) By spaceship
 - B) On horses or in wagons
 - C) On airplanes
 - D) By telephone
6. Long ago, before telephones, how did people send a message to someone far away?
 - A) They wrote a letter and mailed it
 - B) They sent a text
 - C) They made a video call
 - D) They sent an email
7. Long ago, before washing machines, how did people clean their clothes?
 - A) In a machine
 - B) They never washed them
 - C) By hand, scrubbing them in water
 - D) With a telephone
8. How many days are there in one week?
 - A) Two
 - B) One hundred
 - C) Seven
 - D) Zero

9. Long ago, before electric lights, how did people light their homes at night?
 - A) With a light switch
 - B) With a television
 - C) With a flashlight
 - D) With candles and lamps that burned with fire
10. One whole year has four seasons: spring, summer, fall, and...
 - A) Tuesday
 - B) lunchtime
 - C) the color blue
 - D) winter
11. One good way to take care of your community is to...
 - A) throw trash on the ground
 - B) break the park swings
 - C) hide from your neighbors
 - D) keep the parks and streets clean
12. When a group wants a fair way to choose together, they can...
 - A) shout the loudest
 - B) let nobody choose
 - C) start a fight
 - D) vote and count what most people want
13. What does a map show you?
 - A) How to sing a song
 - B) What to eat for dinner
 - C) A picture of a place and where things are
 - D) The time of day
14. The day that comes right after today is called...
 - A) yesterday
 - B) tomorrow
 - C) last year
 - D) never
15. A place in your community where children go to learn is a...
 - A) grocery store
 - B) school
 - C) farm far away
 - D) spaceship
16. What do we use a clock to tell?
 - A) The time of day
 - B) The weather outside
 - C) Our own name
 - D) The color of the sky

17. A group of people who live, work, and help each other in one place is called a...
- A) community
 - B) cookie
 - C) color
 - D) cloud
18. Which community helper grows crops and raises animals to give us food?
- A) A pilot
 - B) A painter
 - C) A farmer
 - D) A firefighter
19. A family often lives together in a place called a...
- A) home
 - B) cloud
 - C) boat race
 - D) holiday
20. Comparing how people lived long ago with how we live today is called...
- A) hide and seek
 - B) then and now
 - C) stop and go
 - D) up and down
21. A round model of the whole Earth is called a...
- A) ball of yarn
 - B) globe
 - C) balloon
 - D) clock
22. The people who live near your home are your...
- A) pets
 - B) toys
 - C) neighbors
 - D) cousins far away
23. Why do we have rules?
- A) To make people sad
 - B) To waste our time
 - C) For no reason at all
 - D) To keep us safe and treat everyone fairly
24. Your grandparents were children long before you were born. The times that came before you are your family's...
- A) dinner
 - B) past
 - C) pet
 - D) game

25. What does a calendar show us?
- A) The days, weeks, and months
 - B) How to cook dinner
 - C) The way to draw a cat
 - D) A song to sing
26. A community helper whose job is to help you learn is a...
- A) mail carrier
 - B) teacher
 - C) firefighter
 - D) farmer
27. The numbers and street name that tell exactly where your home is are your...
- A) favorite color
 - B) age
 - C) nickname
 - D) address
28. A community helper who keeps people safe and helps everyone follow the rules is a...
- A) baker
 - B) dancer
 - C) builder
 - D) police officer
29. Your name is something that...
- A) changes every single day
 - B) only animals have
 - C) you can never tell anyone
 - D) belongs to you and tells people who you are
30. Who is in a family?
- A) Toys on a shelf
 - B) Cars in a parking lot
 - C) People who love and take care of each other
 - D) Clouds in the sky
31. If you are sick, which community helper checks your body to help you get better?
- A) A clown
 - B) A farmer
 - C) A doctor
 - D) A pilot
32. Taking turns in a game, so everyone gets a chance to play, is...
- A) fair
 - B) mean
 - C) silly
 - D) against the rules

33. Being fair means...

- A) always going first yourself
- B) taking everything for you
- C) treating people in a way that is right and equal
- D) never sharing anything

Part 2 — Drills

34. Which continent is the largest continent, home to China and India?
- A) Asia
 - B) Europe
 - C) Antarctica
 - D) South America
35. Which American symbol is the famous cracked bell in Philadelphia that stands for American freedom?
- A) the bald eagle
 - B) Mount Rushmore
 - C) the Liberty Bell
 - D) the White House
36. On a map or compass, which direction is at the top of most maps, toward which a compass needle roughly points?
- A) northwest
 - B) south
 - C) north
 - D) southwest
37. In the national government, which body or leader is the nation's chief executive, elected by the whole country?
- A) the Cabinet
 - B) the Vice President
 - C) the President
 - D) the Governor
38. Which branch of the United States government writes and passes the country's laws?
- A) the legislative branch
 - B) the judicial branch
 - C) the military
 - D) the executive branch
39. Which person from the nation's founding was a famous inventor and diplomat who helped found the nation?
- A) James Madison
 - B) Thomas Jefferson
 - C) Benjamin Franklin
 - D) John Adams
40. Which group of early settlers founded the first lasting English colony, at Jamestown, in 1607?
- A) the Pilgrims
 - B) the Virginia colonists
 - C) the Quakers
 - D) the Puritans

41. Along which river did the ancient people of India build their early civilization?
- A) the Yellow River
 - B) the Indus River
 - C) the Nile River
 - D) the Ganges River
42. Which ancient civilization is famous for telling myths about gods who lived on Mount Olympus?
- A) the ancient Maya
 - B) the ancient Egyptians
 - C) the ancient Chinese
 - D) the ancient Greeks

Answer key — book 01

1. A) flag

A flag stands for a country. The flag of the United States has stars and stripes.

2. A) A mail carrier

A mail carrier delivers letters and packages to homes all around the community.

3. B) Raise your hand before you speak

School rules — like raising your hand — help everyone learn safely and fairly.

4. A) firefighter

A firefighter puts out fires and helps in emergencies. Firefighters are community helpers.

5. B) On horses or in wagons

Long ago, people rode horses or traveled in wagons because cars had not been invented yet.

6. A) They wrote a letter and mailed it

Before telephones, people wrote letters and sent them by mail to reach faraway family and friends.

7. C) By hand, scrubbing them in water

Long ago people scrubbed clothes by hand in water. Today many people use a washing machine.

8. C) Seven

There are seven days in a week: Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, and Saturday.

9. D) With candles and lamps that burned with fire

Before electricity, people used candles and oil lamps to see in the dark.

10. D) winter

A year goes through four seasons — spring, summer, fall, and winter — and then begins again.

11. D) keep the parks and streets clean

Taking care of your community — like keeping it clean — helps everyone who lives there.

12. D) vote and count what most people want

Voting is a fair way to choose. Everyone gets a say, and the choice with the most votes wins.

13. C) A picture of a place and where things are

A map is a drawing of a place seen from above. It shows where things are and helps you find your way.

14. B) tomorrow

Yesterday was the day before today, and tomorrow is the day that comes next.

15. B) school

A school is where children go to learn to read, write, and work together.

16. A) The time of day

A clock tells us the time — like when to wake up, eat lunch, or go to bed.

17. A) community

A community is the people who live and work near each other and help one another.

18. C) A farmer

Farmers grow crops and raise animals to give us food like vegetables, fruit, and milk.

19. A) home

A home is the place where a family lives together.

20. B) then and now

'Then and now' means looking at how things were in the past and how they are today.

21. B) globe

A globe is a round model of the Earth. It shows the land and the oceans.

22. C) neighbors

Neighbors are the people who live close to you. Good neighbors help each other.

23. D) To keep us safe and treat everyone fairly

Rules help keep us safe and make sure everyone is treated fairly.

24. B) past

Your family has a past — the times that came before you, like when your parents and grandparents were young.

25. A) The days, weeks, and months

A calendar shows the days, weeks, and months of the year. It helps us know what day it is.

26. B) teacher

A teacher helps you learn new things at school.

27. D) address

An address is the numbers and street name that tell exactly where your home is, so people can find it.

28. D) police officer

A police officer helps keep the community safe and helps people follow the rules.

29. D) belongs to you and tells people who you are

Your name is yours. It helps other people know who you are.

30. C) People who love and take care of each other

A family is a group of people who love and take care of each other. Families can be big or small.

31. C) A doctor

Doctors and nurses help keep us healthy and take care of us when we are sick.

32. A) fair

Taking turns is fair — it gives everyone a chance to play.

33. C) treating people in a way that is right and equal

Being fair means treating others in a way that is right, so everyone gets what they need.

34. A) Asia

Asia is the biggest continent, Australia is known for kangaroos, Antarctica surrounds the South Pole, and Africa holds the Sahara and the Nile.

35. C) the Liberty Bell

The bald eagle is the national bird, the White House is the President's home, the Statue of Liberty stands in New York harbor, and the Liberty Bell is in Philadelphia.

36. C) north

North is at the top of a map and where a compass points, south is opposite it, the sun rises in the east and sets in the west.

37. C) the President

Congress makes the laws, the President leads the executive branch, and the Supreme Court is the highest court in the country.

38. A) the legislative branch

The government has three branches: the legislative branch makes the laws, the executive branch carries them out, and the judicial branch decides what they mean.

39. C) Benjamin Franklin

These founders each played a different role: Washington led as first president, Jefferson drafted the Declaration, Madison shaped the Constitution, and Franklin was an inventor and diplomat.

40. B) the Virginia colonists

Different groups settled early America: the Pilgrims at Plymouth, English colonists in Virginia, and the Spanish in Florida.

41. B) the Indus River

Early civilizations grew along rivers: Egypt on the Nile, China on the Yellow River, India on the Indus, and Mesopotamia between the Tigris and Euphrates.

42. D) the ancient Greeks

The ancient Egyptians built pyramids, the ancient Chinese built a long defensive wall, the ancient Greeks told Mount Olympus myths, and the ancient Romans built roads and aqueducts.